THRVIE COLORING ACTIVITY BOOK
Take advantage of regular care from health care providers focusing on bleeding disorders.

How Do You **THRIVE?**

Let's get creative! Add your favorite colors and email it to: (Insert email address)
Have a conversation with your health care provider about yearly inhibitor testing.

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6 Steps to Living Healthy with a Bleeding Disorder

Review the latest treatment options for you.

How Do You THRIVE?

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Let's get creative! Add your favorite colors and email it to: (Insert email address)
Identify, treat, and fully heal bleeds.

How Do You THRIVE?

Let's get creative! Add your favorite colors and email it to: (Insert email address)
Value and make time for your emotional, and mental health.

How Do You THRIVE?

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Embrace your bleeding disorders community and get involved!

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www.hemophilia.org/educational-programs/outreach/thrive