

## Hemophilia Therapy Referral Form

**Patient:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Order:**         PT: evaluate and treat         PT: \_\_\_\_\_

**Diagnosis:**    Hemophilia A/B    VonWillebrand's Disease    Other Factor Deficiency

**Severity:**     Mild                    Moderate                    Severe

**Prophylaxis:** Yes    No

**Schedule:**    Mon    Tues    Wed    Thurs    Fri    Sat    Sun

**Current Treatment:** \_\_\_\_\_

**Current Joint Problem(s):**

Shoulder R/L                    Elbow R/L                    Wrist R/L  
Hip R/L                            Knee R/L                      Ankle R/L

Status of joint bleed: acute    sub acute    chronic    target joint    recurrent pattern

Date of last bleed: \_\_\_\_\_ Location: \_\_\_\_\_

Muscle Problem or Bleed \_\_\_\_\_

**Surgical History:** \_\_\_\_\_

**Treatment Parameters:**

- Factor not indicated prior to PT.
- Patient to receive factor at least 1 hour prior to PT.
- Patient to receive PT within \_\_\_\_\_ hours after factor infusion.
- Home exercises which put stress on joint beyond normal activities of daily life should be done on days patient receives prophylaxis.

**\*\*Please observe all precautions/contraindications related to Hemophilia**

**Reports:** Please send a report back to \_\_\_\_\_ every \_\_\_\_\_ weeks and at discharge.

**Hemophilia Treatment Center Contact Information:**

**Hemophilia Treatment Center PT Contact Information:**

\_\_\_\_\_  
Physician Signature/Date

\_\_\_\_\_  
Physical Therapist Signature/Date