

HANDI HIGHLIGHTS - JUNE 2024

This month we are highlighting **joint health** resources for healthcare providers and people with bleeding disorders to help manage and prevent joint bleeds.



Educational Resources

Playing it Safe: Bleeding Disorders, Sports, and Exercise
([English](#) and [Spanish](#))

[Working for Success: Matching your Physical Abilities and Job Requirements](#)

[What Happens to Joints After Frequent Bleeds?](#)

[The P.R.I.C.E. is Right!](#) 

Hemophilia: [Sports and Fitness](#) | Cincinnati Children's 

[What Women with Bleeding Disorders Need to Know About Joint Problems](#)



Provider Resources

View the most recent MASAC [Physical Therapy Management for Bleeding Disorders](#)

[Raising the Bar for Joint Health](#) 

[Joint Health](#) (animation) 



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