

## HANDI HIGHLIGHTS - JULY/AUGUST 2024

This month we are highlighting pain management resources for healthcare providers and people with bleeding disorders to help assess and treat pain.



### Provider Resources

MASAC: [Physical Therapy Management of People with Bleeding Disorders and Chronic Pain](#)

[Comprehensive Pain Management: The Old and the New](#) ▶

[The Challenges of Assessing and Managing Pain](#) ▶

MASAC: [Management of Chronic Pain in Persons with Bleeding Disorders: Guidance for Practical Application of The CDC's Opioid Prescribing Guidelines](#)



### Community Resources

[Bleeding Disorders: What Your Pain Is Trying to Tell You](#)

[Navigating Pain](#) ▶

[How to talk about pain so your doctor will listen](#)

[Mindful Breathing: Simple Tips to Relieve Pain and Anxiety](#)



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